

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well



					<p>National College Colors Day 1</p> <p>9:30 Chair Exercise</p> <p>10:15 State Vs. Tech Target Game</p> <p>1:30 D.I.Y: Football Coasters</p> <p>2:30 Pom-Pom Mosaics</p> <p>3:00 Concert In Our Bistro</p> <p>6:00 Hallmark Movie Night</p>	<p>2</p> <p>9:30 Age - Fit Exercise</p> <p>10:00 Fall Tablescapes</p> <p>1:30 Toss Four</p> <p>2:45 Saturday Social</p> <p>3:15 Trivia Challenge: 1st Floor Vs. 2nd Floor</p> <p>6:15 Evening Read and Reminisce</p>	
<p>9:15 Holy Stretching: Chair Yoga 3</p> <p>9:30 Catholic Service</p> <p>10:15 Magazines With Coffee</p> <p>1:15 Sunday Matinee & Popcorn</p> <p>2:30 Non-Denominational Church Service</p> <p>3:30 Sunday Social In Court Yard</p> <p>6:00 Evening Read- Time Magazine</p>	<p>Labor Day 4</p> <p>9:30 Google Fit: Senior Chair Exercise</p> <p>10:15 Prize Bingo</p> <p>12:00 Patriotic Luncheon</p> <p>1:45 Craft: Clay Birdhouses</p> <p>2:45 Nut Sampler Social</p> <p>3:15 Scenic Drive: Old Town Upland</p> <p>6:00 This Day In History Fact Sheet</p>	<p>International Day Of Charity 5</p> <p>9:30 Age-Fit Exercise</p> <p>10:15 The Hugs Project: Bears For Kids</p> <p>1:30 Capes For Kids</p> <p>2:45 No One Does It Better Social</p> <p>3:15 Learn To Speak French</p> <p>7:00 Jeopardy Night</p>	<p>National Coffee Ice Cream Day 6</p> <p>9:15 Zumba with Ginger</p> <p>10:00 Memories in the Making with Glenda</p> <p>1:30 I'll Walk For Ice Cream!</p> <p>2:45 Coffee Ice Cream Social</p> <p>3:15 TV Western Series</p> <p>6:15 Frank Sinatra Sing Along</p>	<p>7</p> <p>9:30 Age-Fit Exercise</p> <p>10:15 Game Of Skittles</p> <p>1:30 Autumn Table Decor</p> <p>2:15 Brazilian Beach Bums</p> <p>3:15 No Mess Art</p> <p>6:00 Evening Read</p>	<p>8</p> <p>9:30 Chair Exercise</p> <p>10:15 ABC Party Game</p> <p>1:30 Beaded Corn</p> <p>2:30 You Tube Safari</p> <p>3:00 Concert In Our Bistro</p> <p>6:00 Hallmark Movie Night</p>	<p>9</p> <p>9:30 Age - Fit Exercise</p> <p>10:00 Fall Pumpkins</p> <p>1:30 Word Search Competition</p> <p>2:45 Saturday Social</p> <p>3:15 Trivia Challenge: 1st Floor Vs. 2nd Floor</p> <p>6:15 Evening Read and Reminisce</p>	<ul style="list-style-type: none"> Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well
<p>National Assisted Week: Family Is Forever 10</p> <p>9:15 Holy Stretching: Chair Yoga</p> <p>9:30 Catholic Service</p> <p>10:15 Magazines With Coffee</p> <p>1:15 Sunday Matinee & Popcorn</p> <p>2:30 Non-Denominational Church Service</p> <p>3:30 Sunday Social In Court Yard</p> <p>6:00 Evening Read- Time Magazine</p>	<p>NALW: Family Is Forever 11</p> <p>9:30 Age-Fit Exercise</p> <p>10:15 Craft: "I Love You" Magnets</p> <p>10:15 The Carol Burnett Show</p> <p>12:00 9/11 Luncheon</p> <p>1:45 American Symbols</p> <p>2:45 Patriotic Sing Along Social</p> <p>3:15 9/11 Documentary</p> <p>6:00 This Day In History Fact Sheet</p>	<p>NALW: Family Is Forever 12</p> <p>9:30 Age-Fit Exercise</p> <p>10:00 Demo: Tropical Fruit Smoothies</p> <p>10:30 DIY: Fall Wreaths</p> <p>1:30 Ring Around The Pumpkins</p> <p>2:45 Sing Along & Refreshments</p> <p>3:15 Leaf Print Art</p> <p>7:00 Family Game Night "Family Feud"</p>	<p>NALW: Family Is Forever 13</p> <p>9:15 Zumba with Ginger</p> <p>10:00 Memories in the Making with Glenda</p> <p>1:30 Kitchen Chat</p> <p>2:00 DIY: PB Chocolate Acorns</p> <p>2:45 Lets Go RVing! Sequoia National Park</p> <p>3:15 Pictionary</p> <p>6:15 6'o clock News</p>	<p>NALW: Family Is Forever 14</p> <p>9:30 Age-Fit Exercise</p> <p>10:15 Family Photo Shoot (Residents & Staff)</p> <p>1:30 Nature Walk</p> <p>2:15 Water Gun Duel</p> <p>— "Like Family Awards" Social</p> <p>3:15 Carmen's Nail Spa</p> <p>6:00 Evening Read</p>	<p>NALW: Family Is Forever 15</p> <p>9:30 Chair Exercise</p> <p>10:15 Autumn Word Search Challenge</p> <p>10:45 Polka Dot Art</p> <p>11:30 Outing: Picnic @ Bonelli Park</p> <p>2:45 Movie Matinee:</p> <p>3:00 Concert In Our Bistro</p> <p>6:00 Hallmark Movie Night</p>	<p>NALW: Family Is Forever 16</p> <p>9:30 Age - Fit Exercise</p> <p>10:00 Sewing Club: Fall Pillows</p> <p>1:30 Fall Detective</p> <p>2:45 Saturday Social</p> <p>3:15 Trivia Challenge: 1st Floor Vs. 2nd Floor</p> <p>6:15 Evening Read and Reminisce</p>	
<p>9:15 Holy Stretching: Chair Yoga 17</p> <p>9:30 Catholic Service</p> <p>10:15 Magazines With Coffee</p> <p>1:15 Sunday Matinee & Popcorn</p> <p>2:30 Non-Denominational Church Service</p> <p>3:30 Sunday Social In Court Yard</p> <p>6:00 Evening Read- Time Magazine</p>	<p>18</p> <p>9:30 Age-Fit Exercise</p> <p>10:15 Prize Bingo</p> <p>12:00 U.S Air Force Luncheon</p> <p>1:45 Scenic Drive</p> <p>2:45 Dance Party Social</p> <p>3:15 Paper AirPlane Race</p> <p>6:00 This Day In History Fact Sheet</p>	<p>19</p> <p>9:30 Age-Fit Exercise</p> <p>10:15 Cooking Demo- Lattice Crust Baked Apples</p> <p>1:30 Animal Trivia</p> <p>2:15 Card Game: Uno</p> <p>2:45 Lattice Crust Baked Apples Social</p> <p>3:15 Autumn Leaf Picking</p> <p>7:00 Jeopardy Night</p>	<p>20</p> <p>9:15 Zumba with Ginger</p> <p>10:00 Memories in the Making with Glenda</p> <p>1:30 Bean Bag Toss</p> <p>2:15 Trivia</p> <p>2:45 Graham Crackers Break Social</p> <p>3:15 Pictionary</p> <p>6:15 Sing Along</p>	<p>21</p> <p>9:30 Age-Fit Exercise</p> <p>10:00 Demo: Cinnamon Apple Honey Cake</p> <p>10:30 Musical Pumpkins</p> <p>1:30 Geography Game</p> <p>2:15 Craft: Pipe Cleaner Pumpkins</p> <p>2:45 Cinnamon Apple Honey Social</p> <p>3:15 TV Memories Fun Facts: Perry Mason</p> <p>6:00 Evening Read</p>	<p>22</p> <p>9:30 Chair Exercise</p> <p>10:15 Sing Along & Refreshments</p> <p>1:30 Then & Now: Bussiness Women's Day</p> <p>2:15 Leaf Matching</p> <p>2:45 TGIF Social</p> <p>3:00 Concert In Our Bistro</p> <p>6:00 Hallmark Movie Night</p>	<p>23</p> <p>9:30 Age - Fit Exercise</p> <p>10:00 Constitution Trivia</p> <p>10:30 Mock-tail Demo: Acai Blue Mojito</p> <p>1:30 Fall Prize Bingo</p> <p>2:45 Saturday Social</p> <p>3:15 Trivia Challenge: 1st Floor Vs. 2nd Floor</p> <p>6:15 Evening Read and Reminisce</p>	
<p>9:15 Holy Stretching: Chair Yoga 24</p> <p>9:30 Catholic Service</p> <p>10:15 Magazines With Coffee</p> <p>1:15 Sunday Matinee & Popcorn</p> <p>2:30 Non-Denominational Church Service</p> <p>3:30 Sunday Social In Court Yard</p> <p>6:00 Evening Read- Time Magazine</p>	<p>25</p> <p>9:30 Age-Fit Exercise</p> <p>10:15 Autumn Trees</p> <p>12:00 Fine Dinning Luncheon</p> <p>1:45 Scenic Drive</p> <p>2:45 Funny Court Cases Social</p> <p>3:15 Fact Sheet: Famous Firsts Among Women</p> <p>6:00 This Day In History Fact Sheet</p>	<p>26</p> <p>9:30 Age-Fit Exercise</p> <p>10:00 Apple Toss Game</p> <p>10:30 Apple Taste Test</p> <p>1:30 Trivia</p> <p>2:45 Caramel Apple Bites Social</p> <p>3:15 Pictionary</p> <p>7:00 Jeopardy Night</p>	<p>27</p> <p>9:15 Zumba with Ginger</p> <p>10:00 Memories in the Making with Glenda</p> <p>1:30 Women's Health Spa</p> <p>2:45 National Chocolate Milk Social</p> <p>3:15 Bingo</p> <p>6:15 Sing Along</p>	<p>28</p> <p>9:30 Age-Fit Exercise</p> <p>10:15 Beer Bottle Toss</p> <p>1:30 Autumn Nature Walk</p> <p>2:15 Variety Show</p> <p>2:45 National Drink Beer Social</p> <p>3:15 Read Out Loud: Poetry</p> <p>6:00 Evening Read</p>	<p>29</p> <p>9:30 Chair Exercise</p> <p>10:15 Coffee Filter Butterflies</p> <p>1:30 Wrap Leaves</p> <p>2:45 Caramel Mocha Frappes Social</p> <p>3:00 Concert In Our Bistro</p> <p>6:00 Hallmark Movie Night</p>	<p>30</p> <p>9:30 Age - Fit Exercise</p> <p>10:00 Fall Watercolors</p> <p>1:30 Toss Four</p> <p>2:45 Saturday Social</p> <p>3:15 Trivia Challenge: 1st Floor Vs. 2nd Floor</p> <p>6:15 Evening Read and Reminisce</p>	